

UNITED STATES DEPARTMENT OF AGRICULTURE  
Extension Service  
Washington 25, D. C.

✓ BEING YOUR OWN BEST 4-H EXHIBIT

National 4-H Club Camp - June 14-21, 1950

Aubry Scott

Congratulations to you on having been chosen as a delegate to the Twentieth National 4-H Club Camp. This is a great honor. Since there are now 2 million 4-H Club members in the United States, in effect, each of you represents about 10,000 of your fellow club members back home.

Participation in the National 4-H Club Camp is a high point in your 4-H Club career and carries with it some responsibilities, as well as many opportunities, which should not be forgotten. When you return home your parents, neighbors and fellow 4-H members will want a complete report of your trip, including a summary of the talks you heard, a resume of your group discussions and, of course, a full description of what you saw. They will want to know what ideas you gleaned from chats with club folks from other parts of the country. Notes taken during the Camp will prove invaluable.

All Washington will have its eyes on you 4-H members at this Camp

There will be much publicity in the newspapers and magazines. There will be many radio and television broadcasts. For that reason we know you will do your best to uphold the traditions and standards of 4-H Club Work. You will want to measure up to the finest ideals of 4-H. To help you, we are listing below suggestions which we hope will be of value to you as a delegate this year. Some deal with safety and some with just plain courtesy.

May your stay in Washington be educational, inspiring, and challenging!

MAY WE SUGGEST:

S A F E T Y

NATIONAL 4-H CAMP IS A SAFE CAMP

1. Cross street intersections on green signal lights only, except when traveling in battalions on tour and then only on order of police patrol or leader in charge. The laws of the District of Columbia regarding this matter are strictly enforced.
2. When crossing an intersection, look to the right and left. Walk, do not run.
3. Do not wander around Washington streets without a chaperon.
4. Pass through revolving doors slowly.
5. Face the door when using elevators in hotels or office buildings.  
Wait for passengers to get off before entering.



6. Keep in line when on march - 2 abreast -- no more, no less!
7. If you become lost, consult a policeman, not strangers.
8. Read the notices on the 4-H bulletin boards each day.

BE PROMPT -- PROGRAMS START ON SCHEDULED TIME -- FOLLOW INSTRUCTIONS OF LEADERS

NOTE: All due precautions are being taken by the National 4-H Club Camp Committee and the Agricultural Extension Service to safeguard the delegates but they cannot be responsible for accidents.

### HEALTH

THIS IS A HEALTHY CAMP

1. Eat meals regularly.
2. Watch eating between meals.
3. Avoid an excess of "sweets" and rich foods.
4. Wear comfortable shoes, not new ones.
5. The 8 days are strenuous, so retire promptly at the close of each day's events.
6. Sleep with open windows.
7. If ill, inform chaperon at your hotel.

### FRIENDS

NATIONAL 4-H CAMP IS A FRIENDLY CAMP

1. Become acquainted with as many 4-H delegates and leaders as possible.
2. Make friends with our guests from other lands.
3. Be courteous on all occasions.
4. Each 4-H delegate has been given the opportunity to serve on one or more 4-H Camp committees.

Please check with the chairman to see what your responsibilities on the committee are.

### DOING THE RIGHT THING

1. Be neat and well groomed at all times.
2. Carry your book of Camp tickets on all occasions. It is valuable. You will need it for admission to all official functions. Also wear your Camp badge at all times.
3. Walk -- don't run in hotel halls or lobbies.



4. Keep hotel room door closed and locked at all times.
5. Ask who is calling before opening the door.
6. Keep shades drawn when lights are on.
7. Talk quietly in hotel lobby, halls, and rooms.
8. Retire promptly at close of each day's events. Do not visit each other in rooms.
9. Turn room key in at desk before leaving hotel for the day's activities.
10. It is suggested that delegates refrain from doing anything which may be questioned at any 4-H Club function, or when on tour with group, such as gum chewing. Please!
11. Wear 4-H uniform at all 4-H events.
12. Each 4-H Club member has been assigned to one or more 4-H Camp committees. Please check with chairman and see what your responsibilities are on the committee to which you have been assigned.
13. When you return home, don't forget to write a "thank you" note to those who helped to make your trip to Washington possible and your stay in Washington enjoyable and profitable.

REMEMBER ALWAYS -- YOU REPRESENT THE 4-H CLUBS OF AMERICA!



